



ВФП Всероссийская федерация плавания



КУБОК РОССИИ ПО ПЛАВАНИЮ

1-й ЭТАП



г. ЮЖНО-САХАЛИНСК

1 - 2 МАЯ 2023

1
01.05.2023 - 16:00

, 400m

4:36.25
4:43.44

(CHN)

09.08.2008
03.04.2021

: FINA 2022

									R.T.			FINA
1.			2004						+0,51	4:49.32	780	
	50m:	30.52	30.52	150m:	1:42.70	36.87	250m:	3:00.57	41.41	350m:	4:16.07	33.92
	100m:	1:05.83	35.31	200m:	2:19.16	36.46	300m:	3:42.15	41.58	400m:	4:49.32	33.25
2.			2004							5:18.39	585	
	50m:	34.01	34.01	150m:	1:53.46	40.07	250m:	3:18.34	46.21	350m:	4:42.17	37.20
	100m:	1:13.39	39.38	200m:	2:32.13	38.67	300m:	4:04.97	46.63	400m:	5:18.39	36.22
3.			2008							5:20.65	573	
	50m:	34.04	34.04	150m:	1:53.58	40.37	250m:	3:19.00	45.91	350m:	4:44.19	38.99
	100m:	1:13.21	39.17	200m:	2:33.09	39.51	300m:	4:05.20	46.20	400m:	5:20.65	36.46
4.			2008							5:25.25	1	549
	50m:	32.95	32.95	150m:	1:52.81	41.58	250m:	3:20.96	46.96	350m:	4:48.30	37.90
	100m:	1:11.23	38.28	200m:	2:34.00	41.19	300m:	4:10.40	49.44	400m:	5:25.25	36.95
5.			2006						+0,53	5:26.15	1	544
	50m:	32.40	32.40	150m:	1:54.12	42.57	250m:	3:22.80	47.12	350m:	4:49.21	38.26
	100m:	1:11.55	39.15	200m:	2:35.68	41.56	300m:	4:10.95	48.15	400m:	5:26.15	36.94
6.			2008							5:27.17	1	539
	50m:	32.02	32.02	150m:	1:53.80	42.33	250m:	3:21.79	46.82	350m:	4:48.92	39.28
	100m:	1:11.47	39.45	200m:	2:34.97	41.17	300m:	4:09.64	47.85	400m:	5:27.17	38.25
7.			2007							5:31.68	1	517
	50m:	34.56	34.56	150m:	2:00.86	44.19	250m:	3:29.06	45.06	350m:	4:54.59	39.43
	100m:	1:16.67	42.11	200m:	2:44.00	43.14	300m:	4:15.16	46.10	400m:	5:31.68	37.09
8.			2007 1						+0,75	6:00.06	404	
	50m:	36.75	36.75	150m:	2:10.04	48.13	250m:	3:46.80	50.31	350m:	5:19.98	41.12
	100m:	1:21.91	45.16	200m:	2:56.49	46.45	300m:	4:38.86	52.06	400m:	6:00.06	40.08
DSQ			2008								1	
DSQ			2006 1									

